

Suggested Items For Competition

Travel Uniform

SDN Jacket
SDN Warm Up
Suit
SDN Tank
SDN T-Shirt
SDN Sweat Shirt
SDN Sweat Pants
SDN Dance Bag
Black Shorts
White Socks
Black Dance Sneakers
(White Keds Sneakers)
Black Flip Flops
All Dance Shoes

Make Up

Black Water Proof Eyeliner
Black Water Proof Mascara
Eye Brow Pencil
Eye Shadow Palette
Blush
Compress Powder
Lip Stick
Accessories
Ear Rings
SDN Flowers
Costume Accessories

Extras

Extra Tights
Extra Ear Rings
Extra False Eye Lashes

Toiletry Bag

Medications
Advil/Tylenol
Bobby Pins
Hair Pins
Hair Clips
Hair Nets
Hair Spray
Hair Gel
Comb
Brush
Mirror
Baby Powder
Tide To Go
Baby Wipes
Tissues
Q-Tips
Deodorant
Clear Nail Polish
Nail Polish Remover

Hard Ware

Safety Pins
Scissors
Tweezers
Travel Sewing Kit
Black Electrical Tape
Double Faced Tape
Super Glue
Note Book & Pen
Small Screw Driver
Black Sharpie
Tooth Picks

Label

Label SDN & Your Name
On EVERYTHING!

**When In Doubt...
BRING IT !**

Valuables

Spending \$ Optional
Do Not Bring Valuables
Hide \$ & Cell Phones
SDN & Competition Circuit Are
Not Responsible For Any Lost Or Stolen Items

Emergency

Phone #'s
Cell Phone
Medications
Allergy List

Small Cooler

Food! Food! Food!
Drinks! Drinks! Drinks!
Sandwiches! Sandwiches!
Snacks! Snacks! Snacks!
Include Bland Snacks Too(For Nerves)